## WESTERN COMMUNITY HEALTH PROGRAMS

## 300 Shelton St., Chadron, NE 1 (308) 432-8979

**Community Support Emergency Community Support Crisis Response** Supportive Employment Youth Transition Services Pharmacogenomics testing Children's Outreach Program **Connected Youth Initiative** Early Development Network **Community Essentials Pantry** Families and Schools Together Respite Women, Infants and Children **Commodity Supplemental Food Program** Immunization Family Reproductive Health Services HIV Testing & Counseling Ryan White Early Intervention Program **Population Health** Mental Health Outreach/Telehealth Patient Prescription Assistance Program **Contracted Services** 

# REGIONAL RESOURCES

### Mental Health Alliance

203 Klueffer St., Rushville, NE 815 Flack Avenue, Alliance, NE 3321 Ave I, Scottsbluff, NE 731 Illinois St., Sidney, NE 509 W 5th St., Kimball, NE 1 (308) 225-6572

### Regional West Psychiatry and Behavioral Health

2 W 42nd St. Suite 3200, Scottsbluff, NE 1 (308) 635-3888

**Western Nebraska Behavioral Health** 307 Conrad St., Rushville, NE 1 (308) 327-2026

**Addiction Counseling and Consultation Services, Inc.** 1917 Avenue A, Scottsbluff, NE 1 (308) 633-1390

## **DOVES Program** 1103 Illinois St. Suite 2, Sidney, NE 1 (866) 953-6837 24 hour text-line: 515-599-6620

Sponsored by the A.W.A.R.E. grant and partnered with Western Community Health Resources (2023)

# Southern Panhandle n the

## PROVIDERS AND TREATMENT

### **Cirrus House**

509 W 5th St. Kimball, NE 937 8th Ave, Sidney, NE 1 (308) 635-1488 www.cirrushouse.org/

#### **Karuna** Counseling

731 Illinois Ave. Sidney, NE 1 (308) 249-7853 www.nekarunacounseling.com/

**Destiny Counseling Services** 1023 10th Ave. Sidney, NE 1 (308) 254-0737



**No Transportation? No Problem!** Many counselors also offer telehealth appointments.

Many counselors adjust fees based on the patient's financial capability. This is known as "sliding-scale" payments.

## ADOLESCENT OUTPATIENT PROGRAM

This program is available through the UNMC department of Psychiatry. It is available to referred 13-18 year old patients who struggle with substance abuse disorders and/or any co-existing mental health diagnoses. Provider referral preferred. Self-referral also accepted.

For more information, please reach out to:

Dept. of Psychiatry, Addiction Services/IOP 1 (402)-552-6007

## HELPLINES

National Suicide Prevention Lifeline call or text: 988

Veterans - Crisis Line 1 (800) 273-8255 and press "1"

**Behavioral Health Inpatient Unit** 1 (308) 635-3711

**DOVES Program Hotline** 1 (866) 953-6837

**Nebraska Substance Abuse Hotline** Dial 211 or 1 (866) 813-1731

Native Youth Crisis Hotline 1 (877) 209-1266

**Boys Town National Hotline** 1 (800) 448-3000

SAMHSA National Hotline 1 (800) 662-4357

**Chadron LOSS Team** 1 (308) 660-4551